



Newsletter

Volume 1, Issue 2

April 2009

Special points of interest:

- **Funding for Brodsworth Hall trip obtained! - see article for sign-up details**
- **April Bowel Cancer Awareness Month**
- **Any news items for the newsletter please send to:**
jodarley@btinternet.com

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BRODSWORTH HALL AND GARDENS VISIT

 Here's an offer you can't refuse! As a Group we've obtained funding to take us all on a coach trip and the journey, entrance costs and light refreshments are all covered.

Wednesday, 10th June 2009 is the day – we're off to Brodsworth Hall. We'll have a guided tour through the hall which is a rare example of a Victorian Country House that has survived, largely unaltered, but now in the careful hands of English Heritage. Built in the 1860's we will see the faded grandeur of an opulent past. The restored gardens should be looking beautiful in June.

IT'S A BOY!

On Thursday 16 April 2009, Dil and Rita Scrivens became grandparents for the first time. Alexander George Scrivens was born on Thursday 16 April at 5.30pm 8

So, what are you waiting for? You can book a place by signing up at the meeting on:

22nd April 2009 at the Central United Reformed Church: **1.30-3.30pm** or ring Gaynor:

01142484974 (if you have any special requirements please let us know in advance)

All group members and their partners/carers will travel free and be admitted free.

We are being allowed to park at Sheffield United Football Club's ground (Bramall Lane) for the day. Coach pick up will be close by in Cherry Street at **08.45am**, return will be **3-3.30pm** (leaving Brods-

worth). We can't guarantee the weather but can guarantee you will have a really enjoyable day.



Brodsworth Hall

We are most grateful to **South Yorkshire Charitable Foundation** for sponsoring this event and for their support for our Group.

(Please sign up for the trip asap, but before 30th April 2009), if possible.

weeks early and weighing in at only 4lbs, but the little lad and his mother, Julie, are doing fine. Father Mark is bearing up under the strain.



*Dates
for
your
Diary*

Dates of Support Group Meetings and Speakers

Wednesday 11th February
Speaker: Representative of Cavendish Centre
Subject: The Cavendish Centre

Wednesday 9th September
Speaker: Dr S Riley, Consultant Gastroenterologist
Subject: Flat polyps and advanced EMR

Dates of Steering Group meetings

Monday 2 February

Monday 6 April

Wednesday 22nd April
Speaker: Mr S Amin, Consultant Colorectal Surgeon
Subject: Laparoscopic bowel resection

Wednesday 11th November
Speaker: Mrs P Hutson, Gastrointestinal Nurse Practitioner
Subject: Family History

Monday 1 June

Wednesday 2 September

Wednesday 4 November

Wednesday 24th June –
Walk in Endcliffe Park

Wednesday 9th December –
Christmas Social



Our Last Support Group Meeting - Speaker Margaret Etches

*April—
National
Bowel
Cancer
Awareness
Month*

April is National Bowel Cancer Awareness month and much work is being undertaken within the community and hospital to raise public awareness of risk factors, symptoms and of the bowel cancer-screening programme. Plans will centre on attending community events and highlighting these issues. Several members of the Support Group have kindly offered to be involved and their help will be invaluable. A training day is being arranged with Stephanie Futcher from NHS Sheffield to help guide our members on what is expected of them and how we can support them in turn. In addition to these events, articles will appear in the local press and on radio.

To coincide with April, a health promotion campaign will also be launched with

posters on buses and beer mats in pubs and clubs encouraging members of the public to partake in the bowel cancer- This will focus on more deprived areas of Sheffield where participation is at lower levels than hoped.

We should all continue to encourage our friends and families to be aware of symptoms and participate in screening if given the chance.

Persistent symptoms of more than 6 weeks duration, which should be checked by your GP, are:

- Bleeding from the rectum (bottom)
- Change in bowel habit
- Pain in the abdomen
- Unplanned weight loss

The Cavendish Centre

Our last talk was given by Margaret Etches when she described the work of the Cavendish Centre, which offers supportive care to cancer patients and their carers. The type of activities she described were counselling, relaxation, acupuncture, aromatherapy etc.

They have seen an increase of 70% in clients attending the centre in the last 2 years.

She also explained the difficulty of obtaining financial support, which largely relies on donations.

Contact details:
To contact Cavendish Centre:
tel. 0114 2784600

Newsletter Title Competition

As this is to be a quality rag, I thought we should have a more zippy title than just plain 'Newsletter'. Asking around my friends, I have had several suggestions such as 'The Semi-Colon', and others which were not in the best of taste! You can see the kind of people I hang out with!

However, on second

thoughts, I decided it would be a good idea to put it to the membership for suggestions. What do you think it should be called?

At the next meeting, we'll all put forward our ideas and take a vote on it.

So, below you will find a tear-off slip on which you can record your idea(s) and we'll pool them and

decide. There could even be prizes for the winning suggestion!

Editor

*Newsletter
Title
Competition*



Newsletter Title Competition

Name:

Suggestion(s)

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